

**Sample Letter to Patient's Doctor Re:  
Edinburgh Postnatal Depression Scale Results**

Dear Dr.

As part of our comprehensive newborn care we have asked your patient to complete the Edinburgh Postnatal Depression Scale (EPDS). Your patient (**insert mother's name**) has given our office permission to share her responses with you.

The EPDS is a standardized screening tool that has proven to be highly sensitive in identifying a mother who is experiencing symptoms of postpartum depression when she has a score of 12 or greater on this screen. Our office administers this screening at the (insert visit times that your office administers the tool).

Your patient's score on the EPDS was \_\_\_\_\_.

Your patient's responses indicate that she is:

\_\_\_\_\_ Not currently experiencing symptoms of postpartum depression

\_\_\_\_\_ Likely suffering from a depressive disorder

We hope you will find this information useful in the care of your patient.

Please do not hesitate to contact our office if you have questions about this information. We look forward to working together with you in the future.

Sincerely,

(Insert doctor's name here)